



Inspiration Central

Today, I am marrying intention with action!
Day 1

Today's gua is Center.



Yippee! It feels good to take action on my intention!

I am very excited and happy each one of you has joined me in this exercise of marrying intention with action. I know, with all of my heart, that we will all be uplifted and empowered by our sharing. And, congratulations to you! You have already begun shifting your vibration by taking action and joining the adventure!

At the end of nine days, we will know more about ourselves. We will know what our intentions are in each part of our life and if or how we are taking action on them.

Why do we want to marry intention with action? For me, I am choosing to live my life with intention and conscious awareness. I began this exploration to determine what intentions I have in every area of my life and to make sure I am taking action or living those intentions. As I told you in my newsletter, teaching this mini course is taking action on one of my intentions connected to my career area.

I have chosen to use the Bagua Map (An energy map used in Feng Shui.) because it is a nine-sectioned energy map that encompasses all areas of life. Each day I will share the meaning of a gua and its relationship to our life. Then, we will ask ourselves these two questions: What is my intention? How do I live my intention? You may find you are already living your intention. You may find an upgrade or change in intention is applicable. There is only one rule...no judgment allowed! This is a discovery tour and your willingness to join in discovery grants you a free pass from any and all judgment!

To begin, I encourage you to take a few minutes and write down your intention for participating in this marriage of intention and action.

There is no right or wrong intention. You may be doing this for the fun of it, to check in to see if you live your intentions, or maybe you are seeking more understanding about your life. It does not matter what it is, just state it.

Today's gua is Center. It is a neutral place, a place of peace, and the hub of the wheel. There is no I Ching trigram associated with Center. It is the balance of yin and yang. Center is the space all parts of life revolve around. What is the center post or hub of the wheel in your life? What truth or purpose does the rest of your life revolve around?

What is my intention?

How do I live my intention?

Here is how I answered these questions.

What is my intention?

My intention is to live my life centered in my truth. I ask, "How do I feel?" I ask, "What is my truth?" I ask, "What would love do now?" I can feel the One Breath we all belong to and I feel myself as that One Breath. My way is different from others and that is okay. My life is observing the contrast and choosing from my truth.

How do I live my intention?

I take time each morning to be quiet and connect with my beautiful soul. I re-commit each day to living my truth. I set my intention for the day and I smile as it unfolds. I am in deep gratitude for my ability to feel the One Breath we all are. As I make each choice in alignment with my truth, I empower myself in living the life of my dreams.

These are my beliefs and truths. You are free to choose your own. It will be different for each of us and there is no right or wrong answer. Your answers are *your answers*.

I am including a Bagua map at the end of today's Center explanation. I welcome any comments and questions. Please send them to me at Terri@inspirationcentral.net. I have created a group email for our nine-day journey. I have promised to never share your names or emails as newsletter subscribers and I honor that here as well. I think there may be benefit in our sharing as a group. What I don't know is if you reply to the group email, will everyone's name and email show up. If anyone knows the answer to this, please let me know. If we try it and everyone's email shows up, PLEASE honor and respect each individual's right to privacy and do not share him or her. Actually, maybe the best way is to send it to me and I can cut and paste it to a new email. You know what, I trust this is going to work out!

Thank you dear ones and I applaud your willingness to marry intention and action!



Much Love,
Terri

Bagua Map

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|---|---|---|
| WEALTH & PROSPERITY Persistent Wind | FAME & REPUTATION Clinging Fire | LOVE & MARRIAGE Receptive Earth |
| HEALTH & FAMILY Arousing Thunder | CENTER | CHILDREN & CREATIVITY Joyous Lake |
| KNOWLEDGE & SELF CULTIVATION Still Mountain | CAREER Deep Water | HELPFUL PEOPLE & TRAVEL Creative Heaven |

**All of these and higher for
the greater good of all beings.**

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